

## **ENERGY ALIGNMENT THERAPY**

conducted by Aldo Virtich – Energy Alignment Therapist

Full member of IICT (International Institute of Complimentary Therapies)

Full member of ARC (Australian Reiki Connection)

Full member of NFH (National Federation of Healers)

Energy Alignment Therapy (E.A.T) is a modality using life force energy to align one's inner vibration to its natural state of health and wellbeing. This can take place on physical, mental, emotional and spiritual levels.

E.A.T is a gentle, non-invasive process allowing each person to work within their own framework, yet allowing inner shifts to evolve in proportion to one's own pace.

Clients committed to regular E.A.T sessions, have experienced profound shifts, some of which include;

- \* Greater sense of wellbeing
- \* Relief from physical pain
- \* Feelings of inner peace and tranquillity
- \* Clearer sense of direction and purpose
- \* Increased energy levels
- \* Greater levels of relaxation

With E.A.T, emphasis is placed on aligning vibrations, where healing can take place.

This also allows one to experience the fullness of who they truly are, – vibrant, aware, intelligent, loving, creative, joyous beings!

When an individual's energy system is in balance, happiness, personal power, feeling good, compassion and love become alive and an enhanced state of being begins to unfold. With the use of E.A.T, the benefits are as endless as the possibilities. As one's own vibrational system allows the healing process to take place. These sessions are completely individual and personal.

Energy Alignment Therapy is impartial, nonjudgmental and universal, open to all, transcending the vast cultural and religious belief systems. E.A.T also works in companion with other modalities.

Aldo believes his role is to walk with you and create a supportive, healing environment as you move from where you are to where you want to be.

Aldo is in the centre 2-3 days a month (usually every second week of the month). An half hour session of E.A.T is \$70 and a full 1 hour session is \$100. Block session passes are also available.

Times for appointments fill up fast so make sure you book ahead. Please call Aldo on 0401 068 823 to book in your appointment today.